

### **What Karate means to me essay**

Karate is a sport that I got myself involved in through my friends at school. I didn't know what to expect but since I joined the club it has made me be more confident and a stronger person. Karate is enjoyable in many ways. It has made me grow my social skills and I have made new friends. In my opinion I personally think that this karate club is one of the best karate clubs and I am willing to do the best of my ability in every way. I would like to say THANK YOU to Sensei and the team for helping me and for all the support you have given me!



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